



### **Menu with wheat and gluten information**

Please let a team member know if you have any dietary requirements or allergies.\*

## **STARTERS**

- Soup of the Day** herb croutons, bread and butter. (v) £6.50 - *Contains wheat. Non-gluten option.*
- West Country Mussels** cooked in white wine with onion and garlic butter, served with warm ciabatta. £8.50  
- *Contains wheat. Non-gluten option.*
- Chicken Liver Parfait** caramelised onion chutney, toasted ciabatta. £7.00 - *Contains wheat. Non-gluten option.*
- Spiced Nachos** tortilla chips with jalapeños, mature Cheddar cheese, salsa and sour cream. (v) £7.00 - *Contains wheat.*
- Deep-Fried Cornish Camembert** chilli jam, crostini. £8.00 - *Contains wheat.*
- Atlantic Prawn Cocktail** shredded lettuce, cucumber ribbons, seafood sauce, lemon, granary bread and butter. £8.00  
- *Contains wheat. Non-gluten option.*
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## **MAINS**

- Atlantic Cod Deep-Fried in Tribute Ale Batter** chips, mushy peas, Cornish seaweed salt. £13.50  
- *Contains wheat. Non-gluten option.*
- OMH Burger** baby gem lettuce, tomato, onion, toasted bun, chips, coleslaw. £12.00 - *Contains wheat. Non-gluten option.*
- OMH Vegan Burger** vegan brioche bun, sliced tomato, baby gem lettuce, red onion, chips, houmous. (vg) £11.00 - *Contains wheat.*
- Smoked Haddock and Mussel Chowder** poached egg, ciabatta. £13.00 - *Contains wheat.*
- Slow Braised West Country Beef Brisket** horseradish mash, greens, carrots, Proper Job IPA onion gravy. £15.00 - *Contains wheat.*
- Scampi and Chips** wholetail scampi, chips, peas, tartare sauce. £11.00 - *Contains wheat.*
- Steak and Gem Ale Pie** mashed potato, seasonal greens, onion gravy. £13.00 - *Contains wheat.*
- Chargrilled Chicken Burger** baby gem lettuce, tomato, onion, toasted bun, chips, coleslaw. £13.00  
- *Contains wheat. Non-gluten option.*
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## **DESSERTS**

- Sticky Toffee Pudding** rich toffee sauce, salted caramel ice cream. (v) £6.00 - *Contains wheat.*
- Triple Chocolate Brownie** raspberry coulis, Cornish clotted cream. £6.00 - *Non-gluten ingredients.*
- Winter Berry Mess** meringue shards, Chantilly cream, winter fruits, chocolate sauce. £6.00 - *Non-gluten ingredients.*
- Treleavens Ice Cream** chocolate, strawberry, vanilla or salted caramel. (v) £2.00 per scoop  
- *Non-gluten ingredients.*
- Cornish Sea Salt Chocolate Truffle Torte** spiced ginger base, clotted cream, fruit coulis. £6.00 - *Contains wheat.*

## **SANDWICHES AND WRAPS**

- Available from 12-5pm. Served with salad garnish and crisps.
- Atlantic Prawns** seafood sauce, crisp lettuce. £8.00  
- *Contains wheat. Non-gluten option.*
- Southern Fried Chicken Wrap**  
crisp lettuce, cheese slice, mayo. £7.50 - *Contains wheat.*
- Mature Cheddar Cheese** Tribute ale chutney. (v) £7.50 -  
*Contains wheat. Non-gluten option.*

## **SIDES**

- Chips (vg) £3.50 / Fries (vg) £3.50 / Cheesy Chips (v) £4.50  
Side Salad (vg) £3.50 / Seasonal Vegetables (vg) £4.00  
- *All non-gluten ingredients.*

- Garlic Bread (vg) £3.00 - *Contains wheat.*  
Invisible Chips - 0% Fat, 100% Hospitality £2.00\*\*

(v) vegetarian / (vo) vegetarian option / (vg) vegan / (vgo) vegan option.  
\*Information about all other allergens is recorded and available upon request.  
Please note we take steps to minimise the risk of cross-contamination when preparing your food, however we do not have specific allergen-free zones in our kitchens. If you would like further information on our preparation methods, please ask one of our team members.

This is a recyclable, single-use menu printed on 100% recycled paper.

\*\*All proceeds raised from invisible chips sales will be donated to Hospitality Action, which is helping people in hospitality worst affected by the Covid crisis. Thanks for chipping in.

Visit [hospitalityaction.org.uk](https://hospitalityaction.org.uk) for more details.